



Physical Education faculty members attend Awareness Programme on Sports Injuries

Mr K V Ramesh (Head, Physical Education Dept) and Ms Arundhathi Sasikumar (AP, Physical Education Dept) attended an Awareness Programme on Sports Injuries organized by Kinder Hospital, Kochi on 20 January 2019. The event was inaugurated by Sri Tinu Yohannan, International Cricketer. Olympian Ms Mercy Kuttan and Mr T P Ouseph, Athletic Coach, spoke in the occasion. Eminent doctors, sports nutritionists and sports physiotherapists handled the various sessions on sports injuries, rehabilitation, food and nutrition of sports persons.